



# Information Bulletin

8th International Düsseldorf Cup Karate 2026  
13th Juni 2026 in Düsseldorf

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## 1. Welcome

Welcome to the **8th International Karate Düsseldorf Cup 2026 in Düsseldorf!**

Our karate club, which is a member of the German Karate Association, is hosting a new karate tournament in this lovely city. In recent years, we have hosted seven successful tournaments.

In 2025, approximately **800 competitors** from **96 clubs** from **12 nations** competed. From small children to top athletes, everyone took part and had the opportunity to test their skills. They were able to prepare for upcoming national and international competitions as a result.


Referees at the Regional, Federal, European, and Global levels enthusiastically evaluated those exciting jousts. Because of the enthusiasm of all participants, club members, and referees, we have decided to invite you to our tournament in 2026.


## 2. Contact & Information

**Organisation:** Vitalie Heinrich

**Club:** Goju-Ryu Karate Verein Garath e.V.

 **web:** [www.karate-garath.de](http://www.karate-garath.de)

 **Email:** [info@karate-garath.de](mailto:info@karate-garath.de)

 **Tel:** +49 174 3839598

## 3. Registration

For all athletes and coaches online registration is required at: **<https://www.sportdata.org>**

**Deadline:** 31th May 2025. All changes for athletes after the deadline will have a fee of 20€. Coaches registered beyond the deadline will have to pay a fee of 10€. Only one coach per five competitors can be registered. cancelled registrations after the deadline will not be refunded.



## 4. Categories

### Kata

**U8** m/f, **U10** m/f, **U12** m/f, **U14** m/f, **U16** m/f,  
**U18** m/f, **U21** m/f, **Seniors** m/f

### Kata-Team

**U8** m/f, **U10** m/f, **U12** m/f, **U14** m/f, **U16** m/f, **U18**  
m/f, **U21** m/f, **Seniors** m/f

### Kumite Male

**U8** -26kg; +26kg  
**U10** -33kg; +33kg  
**U12** -32kg; -38kg; +38kg  
**U14** -45kg; -50kg; -55kg; +55kg  
**U16** -52kg; -57kg; -63kg; -70kg; +70kg  
**U18** -55kg; -61kg; -68kg; -76kg; +76kg  
**U21** -60kg; -67kg; -75kg; -84kg; +84kg  
**Seniors** -60kg; -67kg; -75kg; -84kg; +84kg

### Kumite Female

**U8** -24kg; +24kg  
**U10** -30kg; +30kg  
**U12** -30kg; -36kg; +36kg  
**U14** -42kg; -47kg; -52kg; +52kg  
**U16** -47kg; -54kg; -61kg; +61kg  
**U18** -48kg; -53kg; -59kg; -66kg; +66kg  
**U21** -50kg; -55kg; -61kg; -68kg; +68kg  
**Seniors** -50kg; -55kg; -61kg; -68kg; +68kg

### Kumite-Team Male

**U8, U10, U12, U14, U16, U18, U21, Seniors**

### Kumite-Team Female

**U8, U10, U12, U14, U16, U18, U21, Seniors**

**Weighing:** Mandatory for all U14, U16 and U18 Kumite categories. Other categories can be weighed randomly. Weight tolerance for male categories 200 grams, female categories 500 grams

**Age:** The deadline for the age limit of the competitors is the **13th of June 2026**

## 5. Rules

**Kata:** Elimination System.

**Kata-Team:** Elimination System. U12 - seniors have to show Bunkai in the Finals.

**Kumite:** Round Robin

**Kumite-Team:** Elimination System

**Fight duration:** U8: 45 sec.; U10: 60 sec.; U12/U14: 90 sec.; U16/U18: 2 min.; U21/Seniors: 3 min.



**WKF**  
World Karate Federation



**DKV**  
German Karate Federation

## Protection gear for Kumite

Mouthguard, gloves, shin- and footguards, and groin guard are obligatory.  
For U8 to U14 categories WKF approved body protector and helmet are also mandatory

## 6. Event Schedule

**Saturday 13th of June**

8:00 - 20:00

**Kata, Kata-Team:** 8:00 - 12:30

**Kumite:** approx. 12:30

## 7. Entry Fees

**Kata:** 40€

**Kata-Team:** 50€

**Kumite:** 49€

**Kumite-Team:** 55€

## 8. Payment

All entry fees have to be paid by bank transfer until the registration deadline.

**Goju-Ryu Karate Verein Garath e.V.**

**Bank:** Stadtparkasse Düsseldorf

**IBAN:** DE30 3005 0110 1009 4737 27

**BIC:** DUSSEDE33XXX





## 9. Accreditation

The accreditation will be sent to the participating clubs via e-mail a few day prior to the tournament.  
Please update your profile pictures in advance, otherwise no accreditation will be sent!  
All types of payment must be transferred in advance to our IBAN (See 8. Payment).

## 10. Prizes

1st Place Gold Medal  
2nd Place Silver Medal  
2x 3rd Place Bronze Medal  
1st Place Team Cup + Gold Medals

## 12. Social Media

 Goju-Ryu Karate Verein Garath e.V.  
 gojuryukaratedusseldorf

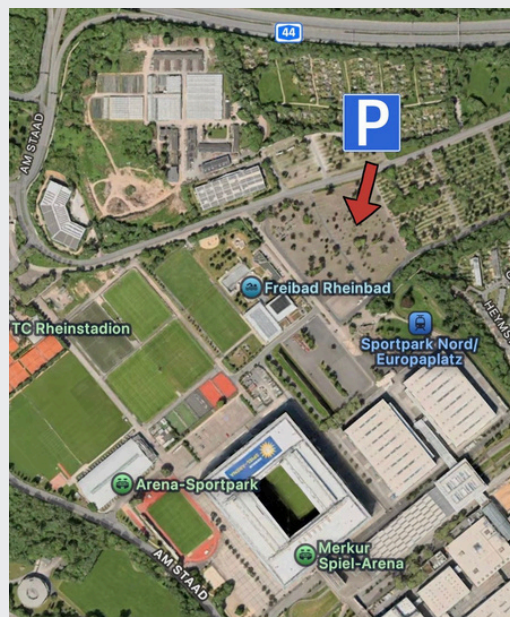
## 13. Event Venue

**Venue:** Arena Sportpark

**Address:** Am Staad 11, 40474 Düsseldorf

## 11. Parking

A parking lot called "Parkplatz P2" will be available (picture down below).  
coordinates: 51,26599° N, 6,73551° O



## 14. Our Supporters



**We look forward to see you!**