



# 5TH INTERNATIONAL DÜSSELDORF CUP KARATE 2023

GOJU  
RYU  
KARATE  
GARATH

## Information Bulletin

5th International Düsseldorf Cup Karate 2023  
10th June 2023 in Düsseldorf

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### 1. Welcome

Welcome to the **5th International Karate Düsseldorf Cup 2023 in Düsseldorf!**

Our karate club, which is a member of the German Karate Association, is hosting a new karate tournament in this lovely city. In recent years, we have hosted three successful tournaments.

In 2022, approximately **370 athletes** from 57 **clubs** in three countries competed. From small children to top athletes, everyone took part and had the opportunity to test their skills. They were able to prepare for upcoming national and international competitions as a result.

Referees at the Regional, Federal, European, and Global levels enthusiastically evaluated those exciting jousts.


Because of the enthusiasm of all participants, club members, and referees, we have decided to invite you to our tournament in 2023.


### 2. Contact & Information

Organisation: Vitalie Heinrich

Club: Goju-Ryu Karate Verein Garath e.V.

 web: [www.karate-garath.de](http://www.karate-garath.de)

 Email: [info@karate-garath.de](mailto:info@karate-garath.de)

 Tel: +49 1743 839598

### 3. Registration

For all athletes and coaches online registration is required at: <https://www.sportdata.org>

**Deadline:** 28th May 2023



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## 4. Categories

### Kata

**U8** m/f, **U10** m/f, **U12** m/f, **U14** m/f, **U16** m/f,  
**U18** m/f, **U21** m/f, **Seniors** m/f

### Kata-Team

**U8** m/f, **U10** m/f, **U12** m/f, **U12** m/f,  
**U14** m/f, **U16** m/f, **U18** m/f, **U21** m/f, **Seniors** m/f

### Kumite Male

**U8** -26kg; +26kg  
**U10** -33kg; +33kg  
**U12** -32kg; -38kg; +38kg  
**U14** -45kg; -50kg; -55kg; +55kg; Open  
**U16** -52kg; -57kg; -63kg; -70kg; +70kg; Open  
**U18** -55kg; -61kg; -68kg; -76kg; +76kg; Open  
**U21** -60kg; -67kg; -75kg; -84kg; +84kg; Open  
**Seniors** -60kg; -67kg; -75kg; -84kg; +84kg; Open

### Kumite Female

**U8** -24kg; +24kg  
**U10** -30kg; +30kg  
**U12** -30kg; -36kg; +36kg  
**U14** -42kg; -47kg; -52kg; +52kg; Open  
**U16** -47kg; -54kg; -61kg; +61kg; Open  
**U18** -48kg; -53kg; -59kg; -66kg; +66kg; Open  
**U21** -50kg; -55kg; -61kg; -68kg; +68kg; Open  
**Seniors** -50kg; -55kg; -61kg; -68kg; +68kg; Open

**Weight tolerance:** 400 grams

**Age:** The deadline for the age limit of the competitors is the **10th of June 2023**

## 5. Rules

**Kata:** Point System.

**Kata-Team:** Point System. U12 - U21 have to show Bunkai in the Finals.

**Kumite:** Round Robin

**Fight duration:** U8: 45 sec.; U10: 60 sec.; U12/U14: 90 sec.; U16/U18/U21: 2 min.; Seniors: 3 min.



**WKF**  
World Karate Federation



**DKV**  
German Karate Federation

## Protection gear for Kumite

Mouthguard, gloves, shinguards and groin guard are obligatory.

From U12 wearing a body protector for female and male categories is mandatory.

From U14 female categories body protection (with additional chest protection) is mandatory.

## 6. Event Schedule

Saturday 10th of June 8:00 - 20:00

**Kata, Kata-Team:** 8:00 - 12:30

**Kumite:** ca. 12:30

## 7. Entry Fees

**Kata:** 30€

**Kata-Team:** 40€

**Kumite:** 40€

## 8. Payment

All entry fees have to be paid by bank transfer:

**Goju-Ryu Karate Verein Garath e.V.**

IBAN: DE02 3016 0213 0301 9630 17

BIC: GENODED1DNE



## 9. Accreditation

The accreditation will take place on the day of competition at the competition management. Registration cards for athletes and coaches will be available there. Please update your profile pictures! All types of payment must be transferred in advance to our IBAN (See 8. Payment).



## 10. Prizes

1st Place Cup  
2nd Place Silber Medal  
2x 3rd Place Bronze Medal

## 11. Tickets for Spectators

Adults: 8€  
Children from 6 Years: 4€  
Participants: Free

## 12. Social Media

 Goju-Ryu Karate Verein Garath e.V.  
 gojuryu.karate.garath

## 13. Event Venue

**Venue:** Sporthalle Gymnasium  
Koblenzer Straße

**Address:** Theodor-Litt Straße 2  
40593 Düsseldorf



## 14. Our Supporters



**GEORG LAMPING**  
**BAUAUSFÜHRUNG GMBH**

**Baukompetenz seit 1957**



**:DÜSSELDORF**

**Stadtsportbund**  
**Düsseldorf**  
*gemeinsam unsere Stadt bewegen.*

**We look forward to seeing you - soon and safely!**